Top Photo: Lucy Bradley, CCO
Bottom Photo: NC State Extension

Common Milkweed

Asclepias syriaca

Light: Full Sun, Partial Shade

Soil: Sand, Loam, Clay

Moisture: Dry, Medium

Benefits: Pollinators, Butterflies, Hummingbirds,

Host Plant

Height: 2'-4'

Blooms: Jun, Jul, Aug

Zones: 3, 4, 5, 6, 7, 8

Color: Pink, Lavender

Spacing: 1'

Root: Rhizome

Monarch butterflies will only lay their eggs on milkweed plants. The larvae will feed on the leaves and then mature into a chrysalis. In addition, the flowers are a nectar source for many butterflies and pollinators.

Common milkweed is easily propagated by seeds and rhizome cuttings and will usually bloom in its second year. It is ideal in semi-dry places where it can spread without presenting problems for other ornamental species. Water as needed the first year to improve survival and get plants into the ground to develop enough root growth to survive the winter.