



Downy Wood Mint

Blephilia cilata

Light:	Full, partial
Soil:	Clay, Loam, Sand
Moisture	Medium, Dry
Benefits:	Pollinators, Deer Resistant
Height:	1'
Blooms:	June, July
Zones:	4, 5, 6, 7, 8
Color:	Purple
Spacing:	10-18"
Root:	Rhizome

Despite its name, Downy Wood Mint is perfectly happy in sun and does well in most garden situations. As a mint, this U.P. native thumbs its nose at deer, but unlike some of its cousins, it doesn't take over, spreading slowly from a central taproot to form clumps. That said, you can definitely use the leaves in the kitchen.

Both Photos:

<https://commons.wikimedia.org>